

How well are you running the race?

Remember that in a race everyone runs, but only one person gets the prize. You also must run in such a way that you will win. All athletes practice self-control. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run straight to the goal with purpose in every step. I am not like a boxer who misses his punches. I discipline my body like an athlete, training it to do what I should. Otherwise, I fear that after preaching to others I myself might be disqualified.

1 Corinthians 9:24-27 NLT

Running the Race

As he watched athletes training for and competing in their games, Paul saw an illustration of the struggles and victories of the Christian life. Although our final victory over death through Christ is always assured, we must strive for daily victory over the issues and temptations we face now.

We discipline ourselves, not in order to earn salvation, but to experience the joy and victory God intends for us now!

Look hard at your spiritual life. Are you vigorously participating in the game, barely keeping pace, or merely watching from the stands?

What issues or temptations are we dealing with now?

Remember if we pray and ask God for guidance during our issues, he will give us victory as long as we obey him.