

## Who Can You Trust?

by Rick Warren

***“For the word of the LORD holds true, and we can trust everything he does.” (Psalm 33:4 NLT)***

One of the great questions of life is, “Who are you going to trust?” The way you answer that question will determine whether you’re happy or miserable, whether you succeed or fail, whether you make something of your life or you waste your life.

Let’s consider the options. Are you going to trust Congress? Probably not. Their credibility is kind of low right now. Are you going to trust the media? Why would you when you never know if they’re telling the truth? Are you going to trust popular opinion? Not too smart when it’s changing by the second.

Are you going to trust in yourself? That’s actually pretty stupid, too, because emotions lie. If you live by your emotions, you are going to be manipulated the rest of your life by other people and by your changing moods.

If you’re going to entrust your life and your future to someone or something, you’d better choose someone who has your best interest at heart, knows everything, is perfect, and will never lie to you. That kind of limits your options — to God.

No one is ever going to always tell you the truth. They’re going to shade it. They’re going to filter it. They’re going to make it sound nice. They won’t tell you what you need to hear. But what you need to hear is the truth, because it is the truth that sets you free. Lies about yourself, others, the world, and how life really is only keep you in bondage.

To be set free, you must have the truth. As I’ve said many times, the truth will set you free, but first it makes you miserable. We don’t like the truth. We don’t want to hear that most of the problems in our lives were brought on by poor decisions. We don’t want to hear that it’s our own stubbornness and ego and insecurity that causes the stress in our lives, but it’s true.

Psalm 33:4 says, *“For the word of the LORD holds true, and we can trust everything he does”* (NLT).

God said it, and that settles it — whether or not you believe it. God isn’t waiting on your opinion to figure out what’s right and what’s wrong. If God says it, it’s true.

You can trust God.

### **Talk It Over**

- What will you trust God for today?
- Why is it often easier to believe the lies we hear from other people or the media instead of trusting in God’s truth?
- Do you accept all of God’s Word as truth? Why or why not

