

Do you have a joy that rubs off on other people?

I prayed to the Lord, and he answered me, freeing me from all my fears. Those who look to him for help will be radiant with joy; no shadow of shame will darken their faces. I cried out to the Lord in my suffering, and he heard me. He set me free from all my fears. For the angel of the Lord guards all who fear him, and he rescues them.

Psalm 34:4-7 NLT

Contagious joy

Do you enjoy watching the televised Olympic games? If you do, you know the joy the winners of an Olympic event experience is contagious. That's one reason millions of people watch the Olympics so much. It's not simply to see the drama of the event and the excellence and form of the athletes. It's also to share in the contagious joy of the winners.

In Psalm 34 David describes the same type of joy that believers show. All those who look to God for help will experience a joy so strong that other people can see it in their faces. David says the reason for that joy is that God has heard and answered our prayers. Our shame has been taken away. We have been set free from all our fears because the angel of the Lord encamps around us. He guards his people. Pray today that the angel of the Lord will set up camp around you and your relationships. Commit your fears and worries to God, and ask him to guard you. He can set you free from your fears and grant you radiant joy as you look to him for help.